

# **CLASS DESCRIPTIONS**

## **Placement Classes**

New students with prior ballet training must contact our Administrator to arrange for an audition class with the Director in order to determine class placement.

## **Promotion**

Students will be promoted to the next level of study when they have successfully mastered the vocabulary and technique of their current level. In May/June students will perform an annual exam for the entire faculty in order to determine class placement for the following year. Students will be most successful if they participate in all of the recommended classes for their level of study.

## **CBT Academy Lower Division Ballet**

Students enter the Lower Division at age 7 to begin their study of classical ballet technique. All levels of the Lower Division are instructed in the components of the Vaganova syllabus with strict attention to correct body placement, learning in a group setting, ballet decorum and self discipline.

### **Ballet 1**

Classical ballet terminology and basic exercises are introduced at the barre and in the center. Emphasis is on the positioning of the feet and arms, carriage of the body, posture and an introduction to basic stretching. This class is required for all beginners regardless of age. No ballet experience necessary.

### **Ballet 2**

Students begin to develop a more extensive ballet vocabulary as simple movements are combined. Balance, increased flexibility, vertical body positioning, strength and turnout are stressed.

### **Ballet 3**

Students continue to develop their ballet vocabulary as strength, increased flexibility, turnout and balance continue to be stressed. Movement patterns begin to be more complex as basic, jumping, turning and waltzing steps are introduced.

### **Ballet 4**

Basic strength, flexibility and turnout are emphasized while young women begin preparation for pointe work and the young men prepare for turning in the air.

## **Young Men**

The fundamentals of classical technique are presented by our Ballet Master, Alisher Saburov. These classes provide a focus on strength, stamina, conditioning, coordination, agility and fun specifically for young men.

## **Junior & Senior Pinky & Cavalier Program**

A small, select group of young dancers from the Lower Division, this group of students will train intensively five times per week under the direction of select faculty members. Young people, male and female are invited into this program based on their physical and mental potential to be successful in a comprehensive training program. **These dancers must train a minimum of 5 weeks during the summer. One week must be of Choreography Camp.**

## **CBT Academy Upper Division Ballet**

**Upper Division students are required to train for a minimum of 5 weeks during the summer at either the Classical Ballet Theatre or a professional company's summer program. Students must notify the office if training elsewhere. CBT will contact all training programs to verify attendance. They are also required to take at least one week of CBT Choreography Camp. Summer training is mandatory for participation in our annual Nutcracker production.** Upper Division dancers are also expected to perform in the Theatre's 2 major productions each year. Dancers who qualify to take class in the Upper Division who choose not perform may take classes at the Intermediate level or below.

## **Intermediate**

Basic pointe work is emphasized in each class as students continue to focus on placement, strength, flexibility, aplomb and artistry.

## **Advanced**

Pointe work and technical challenges increase. Advanced students are allowed and encouraged to take unlimited classes above and beyond those required at their level.

## **Pre Professional**

A very small group of emerging artists are invited in to this class in order to train for a professional career. Entrance is by audition only. Participants must sign a contract, commit to the program and attend all classes and rehearsals without fail. Failure to do so will result in release from the program. Participants of this level perform the majority of leading roles for the Classical Ballet Theatre.

## **Company Classes**

The Classical Ballet Theatre Company Classes are composed of dancers selected by the Artistic Staff.

## **Pas de Deux**

Advanced dancers learn the basic vocabulary and techniques of dancing with partners. This class is by invitation only.

## **Jazz**

Students will learn classical jazz choreography in the funk, lyrical and Broadway jazz styles.

## **CBT Modern/Contemporary Division**

In preparation for the launch of our PreProfessional Modern/Contemporary Training Program in September 2012, CBT is proud to present the formation of the Upper Division Contemporary Company. Company participation includes weekly technique class, a weekly company class, and a Master Class series with internationally known teachers, choreographers and dancers, as well as choreography workshops and performances.

## **Lower Division Modern/Contemporary**

Dancers are introduced to the basic techniques of Martha Graham and Paul Taylor. Musicality, muscle control and coordination are stressed. Participants must have at least 2 years of ballet training.

## **Upper Division Modern/Contemporary**

Dancers are challenged with complex contemporary technique and movement patterns based on the techniques of Graham, Limon, Taylor and Humphrey. Full body integration, strength, strength, musicality, stamina and stage craft are emphasized. Participants must have at least 5 years of ballet training.